

## Bee-Friendly Plants

Bees are great pollinators, helping to bring pollen from plant to plant. To help them, it is good to know what flowers they like so you can either plant them or allow them to grow in your own garden. Here are some:

### Thistle

Like other perennials, such as clovers and vetches, thistles are rich in pollen.

### Apple Blossom

Apple Blossoms provide lots of food for bees, while at the same time the bees help to pollinate the trees so they can produce apples.

### Dandelion

Some people think Dandelions are weeds but bees just love them!

### Clover

Leave a little of the lawn uncut to allow clover to grow. Bees love white clover especially.

### Hawthorn

When wild bees come out of hibernation in the spring, the Hawthorn tree provides much-needed food.

### Ivy

Ivy flowers are one of the last sources of food for bees before winter sets in.

### Willow

Willow is an important early source of pollen for bees.

### Lavender

Lavender and other flowering herbs provide lots of food for bees.

### Primrose

Primrose are also a welcome source of food for bees in the spring.

