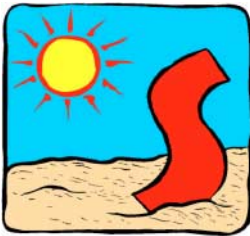


Nature's Noticeboard!

Summer 2014



unshine means slapping on sunscreen, a hat and covering up your skin to prevent sunburn. Sunshine can also mean a trip to the beach and swimming so spend a few minutes looking at the Irish Water Safety website www.iws.ie before heading off.



nique paintings without paint! Using water as "paint", draw pictures with a wet brush outside on the path or patio. Quickly take a photo before it dries and create unique pieces of art. Remember the hotter the day, the quicker the water will dry!



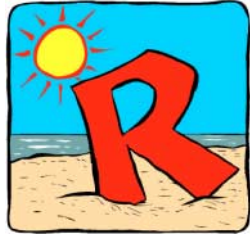
ake a special effort not to waste water. Shorten the length of time you spend in the shower. Have you ever timed yourself to see how long the shower is running? Reducing the time by one or two minutes could save a lot of water over a period of time.



ake a picnic. It can be a simple sandwich and a piece of fruit. Pack them into reusable containers and take a walk with your family though a national park, along a quiet country trail or to the beach and remember to notice nature around you as walk.



mpty shoe boxes and other cardboard boxes can be reused. Spend a rainy afternoon making something new from something old. Make a memory box, a space station, a bookshelf, a doll's house or a farm for your herd of cows. Let your imagination run wild!



ecord your summer nature sightings in rhyme. Write a poem about the animals and plants you have noticed, the type of weather you had on your holidays and where you visited.

Sherkin Island Marine Station would like to thank the following for their help with this newsletter, especially Cally Harmer, John Joyce, Michael Ludwig, Robbie Murphy, David Sheehy, Roger Sweeney, Jez Wickens and Alan and Elaine Wilson.

Visit the Sherkin Island Marine Station website at www.sherkinmarine.ie