

Special Feature

WATER SAFETY

What Action do I take when I come upon a casualty in the water?

Always consider your own personal safety
Never dive in without completing a risk assessment.

In as much as you can you assess the following:

- The degree of urgency
- The numbers in danger
- The observer's own abilities
- The condition of the subject(s)
- The aids or assistance available
- The weather and water conditions
e.g. river current or rip currents
- The distance of the subject(s) from shore

A swimming rescue should only be attempted if you
are an in-date trained lifesaver.

Information courtesy of Irish Water Safety



VOICE!

- Seek assistance - Shout for **HELP**
- Instruct another to dial **999** or **112** and ask for **Marine Rescue**
- Use your voice to calm the casualty and issue instructions and encouragement to assist them to a place of safety. There may be no rescue equipment available.

REACH

If this fails then use a coat, branch of a tree, brush handle or other available rescue aid to complete a reaching rescue.

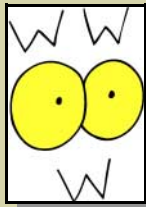
THROW

When available always use Public Rescue Equipment e.g. ringbuoy, lifebelt or throw rope.

WADE

If the location allows conduct a wading rescue with care and only if you are a trained lifesaver.

For further information on water safety visit the Irish Water Safety website at www.iws.ie



Useful Web Addresses

There are lots of websites to be found on the internet that will give you further information on topics we have covered in this newsletter. Here are a few that may be of interest:

Volunteering: www.volunteering.ie www.volunteer.ie

Hummingbird: <http://www.learner.org/jnorth/humm/index.html> <http://www.worldofhummingbirds.com/index.php>

Plastic: http://www.bim.ie/templates/text_content.asp?node_id=1155 www.captaincockle.com
<http://www.cleancoastproject.org/index.php?pid=1>

The Rabbit: <http://www.wicklowlowmountainsnationalpark.ie/Rabbit.html>
<http://www.askaboutireland.ie/learning-zone/primary-students/subjects/environment/furry-friends/rabbithare/index.xml>

Strawberries: http://www.wildflowersofireland.net/plant_detail.php?id_flower=261&wildflower=Strawberry,%20Wild

Irish Water Safety: www.iws.ie

Underwater Museum: <http://www.underwatersculpture.com/index.asp>
<http://www.wanderingeducators.com/artisans/lives-artists/jason-decaires-taylor-museo-subaqu-tico-de-arte-musa.html>

Dog Survives Tsunami: <http://www.bbc.co.uk/news/world-asia-pacific-12957838>

Scanning Egyptian Mummies: <http://www.rte.ie/news/2011/0404/mummies.html>

Atlas of Mammals in Ireland: <http://www.mammals.biodiversityireland.ie/>

EPA Litter Bugs: <http://www.epa.ie/downloads/pubs/other/education/litterbugsposters/>

Disposing of Waste - The Good & The Bad: <http://www.epa.ie/downloads/pubs/other/education/primary/waste/>
<http://www.tidytowns.ie/>

We cannot be responsible for the content of external websites, so please observe due care when accessing any site on the internet.