Editor's Page

VARIETY is the Spice of Life

Big words can be very confusing. Even though they might explain or describe a simple thing or idea, they can baffle us and make articles or stories hard to understand. One word that I have always found tricky is "biodiversity". It is a word that is in the news a lot these days, but what does it mean? I looked it up and found that it is actually a combination of two words, "biological" (relating to biology or life and living things) and "diversity" (variety). It is a

word used to describe the huge number and



This photograph shows a huge variety of plants and flowers in a meadow.

wide variety of animals and plants on the planet. If we look around us, at our family at home or in the classroom, each and every person in the room is different in some way. The differences can be described as

"biodiversity". Biodiversity is all around us. Just look in your garden and you will see many, and different, plants and animals living there. "Biodiversity" might be a little tricky to understand straightaway, but once you do it explains so much in just one word. To find out a little more about biodiversity, go to page 14.

SMOKED SEAFOOD SALAD

What you need:

- 110g/4ozs smoked salmon cut in strips *
- 110g/4ozs smoked trout cut in strips*
- 110g/4ozs flavoured smoked mackerel cut in strips*
- Selection of lettuce leaves
- Fresh fruits to include grapes, nectarines and melon
- Olives
- Chopped chives

*You can substitute cooked flaked cod, rock salmon, trout or salmon.



DRESSING

- 3 tablespoons olive oil
- 1 tablespoon white wine vinegar
- 1 tablespoon lime juice
- 1 tablespoon chopped chives
- Salt and Pepper

What to do:

- Combine lettuces, chopped fruits, olives and fish in a large bowl.
- Mix dressing ingredients, pour over salad and toss gently.
- Sprinkle with chopped chives and serve with crusty bread.

Brought to you by BIM. For more fish recipes visit www.bim.ie

Welcome to the Summer Edition of Nature's Web!

Dear Reader,



Welcome everyone to the summer issue of Nature's Web. This issue we look at why it is important to protect the huge variety of animals and plants on our planet. John Joyce tells us about Crustacea, animals that are tough on the outside but soft in the inside! We find out what Caroline Plant gets up to with her work at the Office of Environmental Assessment. We look at sea urchins and puffins, as well as the rhinoceros, an animal you won't find in your backyard! Check out nature news from around the world on page 11 and enjoy a giggle with the jokes on page 13.

Ne would love to hear your riews and comments and ruggestions for future articles. Have a good read!

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